Parker Equine

WELCOME TO PARKER EQUINE!



OUR FURRY FRIENDS

Friendly furries of all types and sizes!



OUR FARM

There's so much space to explore!



LEARN TO CARE

We learn how to get them ready for a ride.



LET'S RIDE

Practicing our riding in the arena. Let's go!



HAPPY PONIES

and of course some mini friends!



CUDDLES

Cute farm helpers need love too!

Parker Equine

TEENAGERS

Parker Equine offers a relaxed space for you to come and spend time, pressure free.

You don't need to be "good" with horses.

You don't need to be confident.

You don't need to be anything other than yourself!



BARN BUDS!



STABLE SUPERVISOR!

ABOUT US

We know not everyone has had the easiest journey. Some young people come to us carrying a lot - stress, anxiety, tough experiences, or just feeling a bit fed up with life.

Parker Equine is here to be:

- **A safe space.**
- **A calm space.**
- **A place where you can grow at your own pace.**

NO PRESSURE. NO JUDGEMENT.

SAFETY MATTERS HERE

Feeling safe is a big deal - and we take it seriously. All adults at Parker Equine are trained to keep you safe and supported.

If something doesn't feel right, there's always someone you can talk to.



What do you think you have learnt since you have spent time at the farm, and riding the horses?

"I've gained more confidence entering competitions - I'm going next Sunday!"





Riding Sessions...

We offer different types of riding sessions, and no session is the same. The Parker Equine adults are always changing up plans to ensure that these do not get boring for you or our furry friends.

You can have sessions:

- On your own, just you and your instructor.
- A buddy up lesson, so you and one other child, or an adult.
- A group lesson; up to four people at once.

Sessions take place Monday – Friday, if the weather is really bad we may choose not to ride. We can do groundwork and other fun things instead.

Any buddy up and group lessons are carefully planned to ensure that everyone enjoys and achieves during these.



And more...

There are lots more things to do here at our farm aside from riding:
- Spending time with horses, ponies and all furry friends.
- Helping look after the horses and giving them love, care and attention.
- Being outdoors.
- Learning practical, physical and emotional skills.

Who knew you could learn outside of school, AND when you are having fun?

Building Trust With Adults
We understand that trusting adults isn't always easy.

At Parker Equine:
- Relationships are built slowly.
- You're listened to.
- Boundaries are clear and safe.

Healthy relationships are an important life skill, and we help you build those in a way that feels okay for you.

Being Around Other Young People
Making friends or being around others can be tricky - especially if you've had tough experiences before.

Here:
- You don't have to socialise if you're not ready.
- There's space to be on your own.
- You can join in when and how you want.

We follow your lead around what your sessions look like – if you want to be alone, that is fine. If you want to work towards spending time with others, we will help you get there. Everything is planned for you and around what you can handle at any moment in time. If anything changes, for better or worse – we are right there with you!

Social time without pressure

We create opportunities for connections that do not feel awkward, We do not expect “team building”, or “ice breakers” - just natural, easy interactions that happen alongside arranged activities, sessions and our animals.

Learning outside the classroom

Parker Equine is not a school, but learning still happens here.

We hope that you can build skills and learn whilst you are here, and we will help you to build:

- Confidence.
- Emotional awareness.
- Physical skills.
- Responsibility.
- A sense of routine.
- A sense of belonging.







Parker Equine

Routines that actually help

Routines can feel hard, especially if life has been unpredictable. We help you build routines gently and realistically. Once that feels settled, we might add small learning goals - but only if and when you’re ready. Nothing is rushed. Nothing is forced.

At Parker Equine
- You’re respected.
- You’re supported.
- You’re allowed to take things at your own speed.

We’re glad you’re here!



FOR FURTHER INFORMATION CONTACT:
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