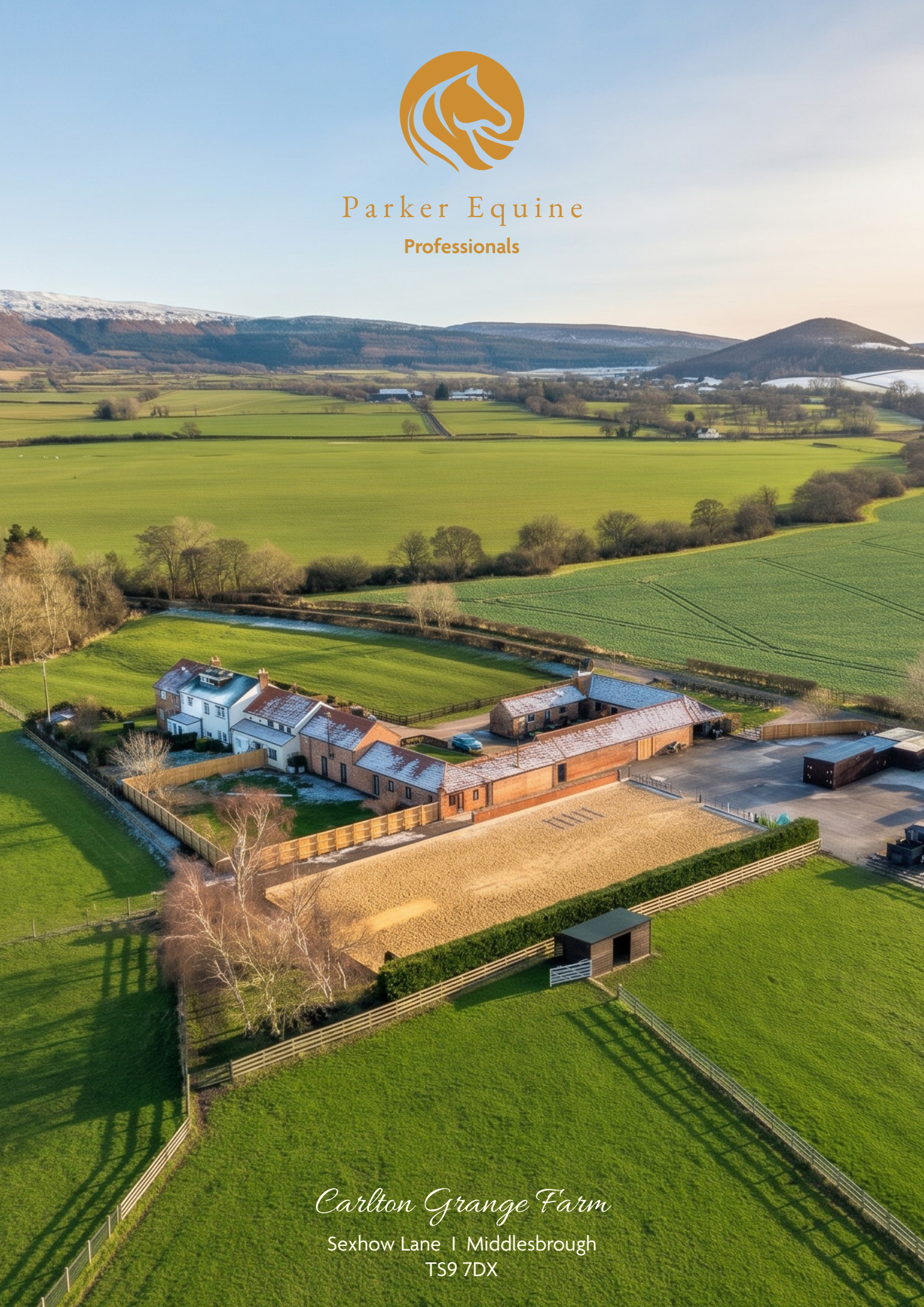
Parker Equine

Professionals



Carlton Grange Farm

Sexhow Lane | Middlesbrough

TS9 7DX

Professionals

Parker Equine is strictly tailored to offer high-quality intervention to children and young people who need it most, while offering invaluable support to the wider professional care networks that work alongside them.

The Client Group

- Children in need.
- Children on a child protection plan.
- Children Looked After/Children in Our Care.
- Children with an Education. Health Care Plan (EHCP).
- Associated workforces, care. teams and professional networks.

Our vision here at Parker Equine is to provide a safe, fun and reliable space for people to come and enjoy, learn and develop a range of skills. Parker Equine was established specifically to support children who have experienced trauma, do not live at home with their parents, or have barriers to attending education settings, in meaningful ways.

Parker Equine acknowledges and understands the complex challenges faced by frontline workforces. Parker Equine offers targeted interventions designed to support the wellbeing, resilience, and effectiveness of associated workforces, care teams and professional networks. Sessions and packages can be offered to local authorities, public bodies and private agencies as part of employee wellbeing packages.

Our Programmes

- **Equestrian activities;** Structured horse riding sessions focused on skill development, physical balance, and personal confidence building.
- **Equine-assisted learning;** Non-riding groundwork and therapeutic interactions that nurture trust, effective communication, and emotional regulation.
- **Stable and Yard Management;** Practical, hands-on barn activities promoting routine, personal responsibility, teamwork, and active outdoor learning.
- **Informal educational packages;** Bespoke, non-traditional learning curricula carefully tailored to individual developmental stages.
- **Additional educational packages;** Evolving academic programmes delivered by qualified teachers to complement practical interventions over time.
- **Wellbeing packages;** Targeted interventions designed around mindfulness, physical fitness, constructive emotional regulation and a sense of belonging.
- **Evidence Based Practice;** tailored report writing and comprehensive written reports that document individual progress and outcomes across our services, ranging from general progress updates to specialist assessments for children in residential care.



Our Core Values

Adaptability

Parker Equine adapts to your journey every step of the way. We recognise that progress is rarely linear and goals naturally change. By keeping our approach responsive and flexible, we deliver person-centred, action-focused care that achieves meaningful results.

Creativity

Creativity underpins daily life here at Parker Equine. Every activity and session is individually tailored, flexible in structure, and needs-led. We strive to provide interventions which support emotional, psychological and physical wellbeing. Reflective practice is central to our work, and transparency is woven into everything we do, from daily interactions to our core policies and procedures.

Resilience

At Parker Equine we believe that time spent with horses naturally develops resilience. As remarkably intuitive and responsive animals, horses offer unique opportunities for learning, reflection, and emotional regulation. By working alongside them, individuals naturally cultivate greater emotional resilience, confidence, patience, and self-awareness. Empowering those who access our services to build lasting resilience is at the heart of everything we do at Parker Equine.

The services we offer

Riding Lessons & Events at Parker Equine
Parker Equine offers riding lessons Monday to Friday, subject to weather conditions. If weather is too severe for riding, sessions can be replaced for those focused upon groundwork. Sessions are scheduled on a first-come, first-served basis.

Lesson Options:
- Solo Lessons: One-to-one instruction tailored to the rider.
- Buddy-Up Lessons: Paired sessions for two participants (two children, two adults, or an adult and child).
- Group Lessons: Small-group instruction for up to four participants.

Safety & Ratios:
Our standard instructor-to-learner ratio is 1:2, though ratios may be adjusted to support individual child packages. To ensure a safe and positive experience, we complete a matching process for all participants joining buddy-up or group lessons.

Parties & Special Events:
Throughout the year, we host pony days, seasonal events, and parties. We also offer bespoke packages tailored for birthdays and special occasions.

Informal learning
Parker Equine provides a supportive, informal learning environment outside the classroom. We integrate practical learning opportunities into our daily sessions, adapting our approach to align with each child's unique strengths and goals. All learning outcomes and developmental milestones are systematically recorded in our session documentation and subsequent reports.

Relationship building with new adults
Parker Equine promotes relationship building with those who lead our sessions and activities, we consider this an important skill for children to develop and take with them into later life, particularly children who have experienced trauma and at times, unsafe adults. We aim to develop relationships here at Parker Equine and this forms part of the sessions and their focus. Fostering positive and safe relationships is important to us, we feel this helps children to thrive and learn, and opens up their windows of tolerance by getting to know, listening to, learning from and engaging with a wide range of safe adults.

Relationship building
We understand here at Parker Equine that for some children forming and maintaining relationships with friends and their peers can, at times, be tricky for them. We aim to provide a space where children who are like minded and have similar interests are able to spend time with one another, in a pressure free space, which moves at their pace. Parker Equine considers horses to act as gentle bridge-builders in social interactions, alleviating the pressure of direct face-to-face interactions by allowing individuals to communicate and connect naturally through the horses.

There is ample space at our farm which allows children to spread out as they wish, come together as they wish, therefore enabling us to be creative and flexible with what this looks like, adapting moment by moment to suit every event, activity, and child's unique needs.
Parker Equine offers tiered interventions tailored to each child's individual needs in this regard. Their initial proposal may begin with 1:1 tuition and as the child's confidence grows, we can support them to achieve in buddy up or group lessons.

Socialisation
Parker Equine uses creative ways with the space, animals and adults to create opportunities for socialisation. This can be achieved in many ways, and importantly, in ways that do not feel too grave or big for children. The space can be used to provide easy-going, informal interactions whereby there are no expectations, therefore allowing this to occur at the child's pace. Parker Equine can offer tiered stages of interaction for children who find friendships and relationships particularly difficult, we may begin with solo lessons, and work up to buddy up and group lessons. Each case here at Parker Equine is assessed on a case-by-case basis, and occur at the child's pace.

Education
Parker Equine provides educational opportunities outside of formal education to children who find attendance, engagement and attainment difficult. Parker Equine is not a school, however can offer informal educational opportunities which includes elements of physical, emotional and practical learning.

Education routines
Parker Equine understands the importance of routines, and the impact of not having routines. A large part of Parker Equine's goal is to support children to have a routine and some form of consistency within that routine. We understand that children may struggle to establish routines to start with, and to also engage in educational elements of our farm. Therefore, we work with children in creative ways, which can be tiered to suit their individual needs at any time. Once the initial goal has been successfully reached and a routine established, next steps would consider small elements of more formal education for children. Planning in this respect will be assessed and proposed on a case by case basis.

Targeted interventions
At Parker Equine, we recognise the complex challenges children face in their daily lives, within school, and across the digital landscape. To help navigate these pressures, we offer a fresh, non-formal approach to learning. By utilising our farm environment, our horses, and the strong therapeutic relationships built here, we integrate educational goals and life skills naturally into daily activities. Where required, this can expand into more focused work on key areas that the circle of adults around the child are worried about. Such learning is conducted in a targeted manner by Parker Equine adults while remaining subtle and imperceptible to children. This experiential model provides a meaningful, low-pressure alternative when traditional learning routes have proven repetitive or ineffective.

Targeted interventions are subject to explicit consent from the relevant professionals involved in the child's care. Full written documentation is maintained for all work undertaken in this capacity to ensure complete transparency and progress tracking. All interventions delivered by Parker Equine operate strictly within the defined scope of our expertise and workforce capacity. Clinical, therapeutic support for severe emotional disturbance or trauma falls outside our scope of provision. In such instances, Parker Equine will signpost clients and families toward appropriate specialist services and professional support networks.

Fees
Parker Equine's full pricing schedule or a bespoke proposal is available upon request.

Referrals

Referrals
Parker Equine welcomes referrals from local authorities, schools, and both public and private agencies for children of any age. Every child undergoes an individual assessment to ensure our proposals are person-centred, with required adult-child ratios clearly outlined to guarantee safe delivery. Referrals are accepted from all areas, though priority is given to local authorities neighbouring our farm;
- North Yorkshire County Council.
- Middlesbrough Borough Council.
- Redcar and Cleveland Borough Council.
- Stockton Borough Council.
- Darlington Borough Council.
- Hartlepool Borough Council.
- Durham County Council.

Please note that referrals submitted by associated workforces, care teams or professional networks must provide proof of association with the client group. Referrals are welcomed from private and public agencies.

Evidence based practice

Parker Equine provides written documentation of sessions for all of those who attend our services.

Basic range
Basic range documents are factual records which are brief and cover elements of sessions in a factual way. Basic reports are not mapped and cannot contribute to any further documentation of a more reflective nature, as covered within the medium and enhanced ranges. Basic range documentation is covered within sessions fees; there are no additional costs for these.

Medium range
Medium range documents are completed to a higher standard, support greater reflection and are used for future progress mapping. These records are written in meaningful ways to children. Medium range documentation is subject to additional costings; further details can be provided on request. If documents within the medium range are requested, a specific consent form is required in regards to data collection of this kind.

Enhanced range
Enhanced range documents are written in-depth, are reflective and are written in ways which are purposeful to both care teams and children. They are used to map progress, consider starting points, and cover holistic reflection of the child's progress journey covering key areas. Enhanced range documentation is subject to additional costings; further details can be provided on request. If documents within the enhanced range are requested, a specific consent form is required in regards to data collection of this kind.

Progress reports
Progress reporting schedules across both educational and non-educational packages:

- Medium range packages: Monthly progress reports.
- Enhanced range packages: Bi-annual progress reports.

Targeted interventions learning reports
If Parker Equine are commissioned to cover specific areas of learning and development with children, subsequent reports will be completed of this on a three monthly basis. These reports will include any learning and development, reflection of instructors and the company director, and include the child's views and voice when appropriate to do so. Targeted interventions are included within the enhanced range and are subject to additional costings. Further details of our fee structure can be provided upon request.

Children's homes
Specifically tailored reports which align to The Children Homes (England) Regulation 2015 can be offered for children who live in residential children's homes and attend Parker Equine services. Progress reporting schedules for these sector focused reports:

- Monthly.
- Quarterly.
- Bi-annually.
- Annually.



Parker Equine



Safeguarding & positive behaviour support

At Parker Equine, the safety, well-being, and protection of all children, young people, and adults are at the core of our practices. We are committed to creating a safe, welcoming, and transparent environment where every individual feels respected, valued, and supported.

Parker SC has a Designated Safeguarding Lead (DSL) who is responsible for safeguarding within our service:

Designated Safeguarding Lead
Natalie Amber Raw
Email: natalieamber.raw@parkerequine.co.uk
Tel: 07841562382
Website: parkerequine.co.uk

A range of policies and procedures are in place to ensure safe practices across our services, these can be requested from the DSL.

In the event of any safeguarding concerns, these must be reported to the DSL at the nearest opportunity.

Data & privacy

At Parker Equine, we are committed to protecting and respecting your privacy in compliance with the UK General Data Protection Regulation (UK GDPR) and the Data Protection Act 2018. Parker Equine is registered with the Information Commissioners Office and has an allocated Data Controller:

Data Controller
Natalie Amber Raw
Email: natalieamber.raw@parkerequine.co.uk
Tel: 07841562382
Website: parkerequine.co.uk

Parker Equine forms part of The Parker Group and our privacy notice can be found on our website, this includes details on how to make a complaint in relation to data protection.

Contact details

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Website:	parkerequine.co.uk